

Registration Form

Trinity Lutheran School 11th Annual Independence Day



Date: Saturday, June 29, 2019
Location: Trinity Lutheran School
304 N. Waverly Ave.
Alma, Missouri 64001
Time: Event Day Registration – 7:00am
Participant Check-In – 7:00am
5K Race Start – 8:00am

Registration Fees:

- ❖ \$25 Individual Participant
- ❖ \$20 Team/Family Member Participant
- ❖ \$30 Day of Event (for both individual and team member participants)

All proceeds will go towards safety & security improvements at Trinity Lutheran School

Please Choose One:

- Individual Entry**
- Team or Family Entry**
- Minimum of 4 team or family members, maximum of 10 (\$20 each)
 - Completed registration form required for **each** team/family member
 - All registration forms and payments for your team or family must be received together
- Snooze Button!**
- Donation option for those who would like to support the cause, but would like to sleep in or are unable to participate for any reason
 - Submit \$25 registration fee with this form. Your t-shirt & goody bag from race day will be available to pick up at a later date

Make checks payable to:

Trinity Lutheran School

Please return registration form & payment to:

Dee McVey Trinity Lutheran School
PO Box 244 OR PO Box 257
Alma, MO 64001 Alma, MO 64001
(660) 674-2796 (660) 674-2444
(660) 238-7796

Please fill out the following information:

Participant Name: _____

Team/Family Name (if applicable): _____

Date of Birth (MM/DD/YY): _____ Age: _____ Gender: Male Female

Mailing Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Home Work

Emergency Contact Name: _____ Emergency Contact Phone: _____

T-Shirt Size (choose one):

Youth: L Adult: S M L XL XXL

Registration Form must be received by **Wednesday, June 12, 2019**, to be guaranteed a T-Shirt. T-Shirts will be available on a "first come, first serve" basis for Event Day Registrants, while supplies last. T-shirts are not included for Tot Trot participants, but may be purchased on event day.

A "TOT TROT" for ages 7 and under will take place after the 5K Run/Walk. Registration is free.

Child Name: _____ Age: _____ Child Name: _____ Age: _____

LIABILITY WAIVER: I understand that running or walking a road race is a potentially hazardous event, and I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event, including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Trinity Lutheran School, the City of Alma, Missouri, Alma Lions Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person's named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, records or any other record of this event for any legitimate purpose. Race will be held regardless of weather conditions. Registration fee is final. No refunds.

Required: **Signature of Participant (Signature of Guardian if under age 18)**

Date